

# Questions to Ask at Your Initial Consult

Whether you're scheduled for an initial fertility consultation at Spring or another clinic, our goal is to ensure that you feel confident leaving your first appointment, armed with the information necessary to help you make the best decision for you and your future.

We've prepared this list of questions as a starting point that you may find useful as you prepare for your initial consult. Please note that this is not an exhaustive list, nor will all questions be relevant to everyone. **We're here for you!**

## ABOUT THE CLINIC

Q

How many fertility doctors are there in the clinic?

Will I meet with all the doctors in the clinic or just you?

Will I be seeing you for all of my monitoring procedures?

How does communication work here? Who can I contact when I have questions and what is the response time?

Who else will I meet with regularly?

What procedures are done here?

Do you store tissue on-site?

Does the clinic assist in finding sperm, egg, or embryo donors?

Does your clinic provide recommendations for fertility specific acupuncturists or mental health support for interested patients?

What time am I able to come in for monitoring appointments?

### Notes:

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## ABOUT THE CLINIC

**Q** How does your staff communicate updates to patients?

Who should I contact if I have questions outside of office hours?

**Notes:**

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## ABOUT THE CENTER'S SUCCESS RATES

**Q** What is the center's Egg Thaw Rate for egg freezing and what percentage of frozen eggs get to Blast by Day 6?

What is the ICSI Fertilization Rate?

What is the chance that a fertilized egg becomes a "blastocyst" stage embryo by Day 6?

What is your ongoing pregnancy rate post single euploid embryo transfer?

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## ABOUT TESTING

**Q** What specific tests do you recommend for me?

What specific tests do you recommend for my partner?

Is testing performed in the clinic?

How many office visits can be expected?

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## Q

What are your thoughts about using alternative medicine (acupuncture, meditation, homeopathy) in addition to your treatment?

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